

PLANNING ACTIVITIES (BEFORE A SHELTER-IN-PLACE EMERGENCY) <b>Pre-select an interior room(s)</b> with the fewest windows or vents	
	<ul> <li>Storage rooms</li> </ul>
	<ul> <li>Hallways</li> <li>Avoid rooms with mechanical equipment like ventilation blowers or pipes</li> </ul>
	<ul> <li>Room(s) should have adequate space for everyone to be able to sit down</li> </ul>
	<ul> <li>Avoid overcrowding by selecting several rooms</li> </ul>
	<ul> <li>Ideally should be a room with an adjoining bathroom ie master bedroom</li> </ul>
	Prepare a Shelter-in-Place Kit containing the following:
	<ul> <li>A battery-operated/ or hand cranked AM/FM radio and batteries</li> </ul>
	<ul> <li>Plastic sheeting (preferably, pre-cut to size to cover any windows &amp; doors and labelled)</li> </ul>
	<ul> <li>Duct tape for sealing cracks around doors and windows</li> </ul>
	• Alternate lighting, in the event of a power outage (i.e., candle free lantern(s), flashlight(s),
	headlights (keeps your hands free), batteries, and light-sticks
	Bottled water for drinking and to wet towels
	Ready to eat, non-perishable snack food
	Enough towels to block the bottoms of each door in the room
	First-aid kit
	Paper, pens, list of important phone numbers
	Ensure a hard-wired telephone is in the room you selected. If not, bring in a cellular phone.
	Consider a laptop or small TV
	<b>Conduct a Shelter-in-Place drill</b> with those living in the residence twice a year.
	Check the supplies of the Shelter-in-Place Kit every six months.
RESPONSE ACTIVITIES (DURING SHELTER-IN-PLACE EMERGENCY)	
	Go inside immediately ensuring to bring pets as well.
	Close all doors and windows
	Shut down furnace, air conditioners, and exhaust fans and vents
	Close fireplace dampers
	Retrieve the Shelter-in-Place Kit once inside the Shelter-in-Place Room(s).
	<ul> <li>Seal any doors ,windows, vents with plastics sheeting and tape</li> </ul>
	<ul> <li>Place wet towels at base of door(s)</li> </ul>
	<ul> <li>Monitor media for updates (e.g. radio, cell phones, etc.)</li> </ul>
	Go into you pre-designated interior room.
	Remain in the Shelter-in-Place Room(s) until an ALL Clear is given by emergency officials.
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**Note:** Remember that instructions to Shelter-in-Place are usually provided for durations of a few hours, not days or weeks. There is little danger that the room in which you are taking shelter will run out of oxygen.

## **RECOVERY ACTIVITIES** (AFTER THE SHELTER-IN-PLACE EMERGENCY)

**When the 'All Clear' is issued** one can leave the Shelter-in-Place Room(s).

**Open all doors and windows** to ventilate.