## **Emergency Contact Information Cards**

You and each family member should carry this card at all times

BRITISH	Emergency	BRITISH
COLUMBIA	ManagementBC	COLUMBIA ManagementBC
<ul> <li>After a major disaster, phone your out-of-an</li> <li>Listen to the radio or contact person to say plans are</li> </ul>	NTACT INFORMATION CARD local phone service may be limited, so ea contact to keep in touch with your family IV for phone-use instructions, then call your how you are, where you are and what your d, if possible, arrange to call back at a ther check-in	<ul> <li>EMERGENCY CONTACT INFORMATION CARD</li> <li>After a major disaster, local phone service may be limited, so phone your out-of-area contact to keep in touch with your family</li> <li>Listen to the radio or TV for phone-use instructions, then call you contact person to say how you are, where you are and what you plans are</li> <li>Keep the call short and, if possible, arrange to call back at a specified time for another check-in</li> </ul>
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Plan for each family member to call or e-mail your out-of-area contact in the event of an emergency. Let them know if you are okay, where you are located and when you will be calling them back. Teach young children how to make this call as well.

## **Emergency Contact Information Cards**

You and each family member should carry this card at all times

Out-of-area contact			Out-of-area conta	Out-of-area contact		
Name:	City/Province:	Phone:	Name:	City/Province:	Phone:	
Places to meet fan Working days loo			Places to meet fa Working days lo	•		
	evening:			evening:		
Non-working days location: <i>daytime:</i> evening:			Non-working days location: <u>daytime:</u> <u>evening:</u>			
Out-of-area contac	ct		Out-of-area conta	act		
Name:	City/Province:	Phone:	Name:	City/Province:	Phone:	
Places to meet fan	nilv		Places to meet fa	milv		
Working days location: daytime: evening:			Working days location: daytime: evening:			
Non-working days location:			Non-working days location:			
daytime:	evening:		daytime:	evening:		
Out-of-area contac	ct		Out-of-area conta	act		
Name:	City/Province:	Phone:	Name:	City/Province:	Phone:	
Places to meet fan	nily		Places to meet fa	mily		
Working days location: daytime: evening:			Working days lo daytime:	ocation: evening:		
Non-working days location:			Non-working da	Non-working days location:		
daytime:	evening:		daytime:	evening:		
Out-of-area contac			Out-of-area conta			
Name:	City/Province:	Phone:	Name:	City/Province:	Phone:	
Places to meet fan	nily		Places to meet fa	mily		
Working days location: daytime: evening:			Working days lo daytime:	Working days location: <i>daytime: evening:</i>		
Non-working days location:				Non-working days location:		
daytime:			-	daytime: evening:		

## TIP:

If you have or a family member has physical, medical, sensory or cognitive disabilities, or require(s) extra assistance, be sure to establish a support network of friends, relatives, health-care providers, co-workers and neighbours who understand these special needs.